

17th ANNUAL CHRONIC ILLNESS
AND DISABILITY CONFERENCE

Transition from Pediatric to Adult-based Care



October 27–28, 2016

MD Anderson Mitchell Basic Sciences Research Building
Onstead Auditorium, 3rd Floor
6767 Bertner Avenue
Houston, TX 77030

Co-provided by Baylor College of Medicine and Texas Children's Hospital



Broadcast supported by the AUCD through HRSA grant #UA5MC11068.
The broadcast is also supported by the Texas DSHS Title V CYSHCN Program.



Follow the conference on Twitter @Transition_Conf
and be sure to include #TC2016.



8th Annual Health Care Transition
Research Consortium Research Symposium

Wednesday, October 26, 2016 ■ 8:00 AM – 6:15 PM

PLANNING COMMITTEE

Albert C. Hergenroeder, M.D. – Activity Director

Barbara J. Anderson, Ph.D. ■ Kelsey Anderson, M.P.H.
Ashok Balasubramanyam, M.D. ■ Caitlyn Barrow, M.H.A.
Cecily L. Betz, Ph.D., R.N. ■ Steffanie R. Campbell, M.D.
Umber Dickerson ■ Scott H. Garner, M.B.A.
Amanda K. Garey, B.S.N. ■ Elaine J. Hime ■ Diane V. Murrell, M.S.W.
Sarah Peterson, M.S.W. ■ Rebecca J. Schultz, Ph.D., R.N.
Shelley Townsend, M.S.W. ■ Sherry Sellers Vinson, M.D.
Laura J. Warren ■ Chava White, L.M.S.W.-AP

ACTIVITY FACULTY

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Team Coordinator
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Vocational Counselor
Jewish Family Service
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Clinical and Health Psychologist
Team Lead, Good 2 Go Transition Program
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and Psychology
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Mt. Sinai Medical School
New York City, New York

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Founding Partner
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Heather Burdell

Case Manager
Vita-Living
Houston, Texas

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Chief Investigator, NIHR Funded Research
Programme on Transition of Young People
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Professor of Community Child Health
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Seattle, Washington

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Houston, Texas

Carol Greenlee, M.D.

Chair, Council of Subspecialty Societies
American College of Physicians
Grand Junction, Colorado

Albert C. Hergenroeder, M.D.

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Chief, Section of Adolescent Medicine
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Toronto, Ontario, Canada

Ann B. Ligums

Family Member
Houston, Texas

Margaret A. McManus, M.S.

President
The National Alliance
to Advance Adolescent
Health Organization
Washington, D.C.

Sarah O'Kelley, Ph.D.

Assistant Professor of Psychology
Training Director, UAB Leadership
Education in Neurodevelopmental
and Related Disabilities (LEND)
University of Alabama at Birmingham
Birmingham, Alabama

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Carl D. Tapia, M.D., M.P.H.

Assistant Professor of Pediatrics
Texas Children's Hospital
Houston, Texas

CONFERENCE OVERVIEW

Skill preparation and planning for health care transition for children and youth with special health care needs (CYSHCN) is inadequate. Less than 50% of families nationwide indicate that their CYSHCH have received the services necessary to make appropriate transitions to adult health care, work, and independence. One of the major problems to receiving this care is the lack of a physician workforce trained in providing the services necessary to make the health care transition. There is a strong need on the part of physicians to have the knowledge and skills to provide services to facilitate successful transition from pediatric to adult-based care and services.

Due to increased awareness in transitioning to adult-based care, clinicians are required to be updated on changing strategies for integrating emerging adult-based care into practice.

For all conference participants, there will be a discussion of the legal issues involved in health care transition, as well as, time to meet and talk with faculty, to exchange ideas among participants, and share knowledge and information about how best to plan for a successful transition to adulthood.

TARGET AUDIENCE

Physicians in internal medicine, family practice, pediatrics, psychiatry, and physiatry; other health care providers including psychologists, social workers, nurses, dietitians, case managers, counselors, and primary care providers; youth and young adults with chronic illness and their parents/guardians.

OBJECTIVES

At the conclusion of the conference, participants should be able to:

- Identify the current state of healthcare transition in the United States, including legal and financial issues.
- Discuss strategies for integrated health care transition.
- Develop a practice-based framework for implementing health care transition services.
- Identify barriers and successful strategies when placing youth and young adults with special health care needs, behavioral health, and intellectual disabilities into employment, housing, and available medical transition services.
- Describe successful disease management methods for young adults with chronic illness or disability.

EDUCATIONAL METHODS

Lecture ■ Meet the Faculty Sessions ■ Breakout Sessions
■ Question and Answer Sessions

EVALUATION

Evaluation by questionnaire will address program content, presentation and possible bias.

DISCLOSURE POLICY

In order to meet the requirements of the Accreditation Council for Continuing Medical Education it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests.

All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

ACCREDITATION/CREDIT DESIGNATION

Physicians

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 14.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, *Legal Issues in Health Care Transition*, has been designated by Baylor College of Medicine for .75 credit of education in medical ethics and/or professional responsibility.

Nursing

Texas Children's Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work

Texas Children's Hospital is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. Social work continuing education units provided, 14 hours of continuing education including one hour of ethics.

Occupational Therapy and Physical Therapy

Contact hours (CCUs) have been applied for through TPTA and TOTA. Texas Children's Hospital is an Approved Provider for the Texas Occupational Therapy Association. The assignment of TOTA CE hours does not imply endorsement of specific course, content, products, or clinical procedures by TOTA.

FEE, REGISTRATION AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will be confirmed, but not processed until payment is received. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

A limited number of scholarships are available for CYSHCN and their parents/guardians. For complete details, please contact Mary Jo Miller at MaryJo.Miller@txp2p.org or Laura J. Warren at laura@txp2p.org.

If you plan to register on-site, contact the OCME at least 24 hours in advance to confirm activity status and space availability.

The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay for the conference **only**, visit our website at BaylorCME.org/CME/1519 and follow the instructions.

CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form, followed by written notification. If an activity is cancelled, OCME's liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process the refund.

8th Annual Health Care Transition Research Consortium Symposium

WEDNESDAY, OCTOBER 26, 2016 ■ 8:00 AM - 6:15 PM

MD Anderson Cancer Center | Mitchell Basic Sciences Research Building
6767 Bertner Avenue, Onstead Auditorium, 3rd Floor • Houston, TX 77030

This October 26th event is not designated for CME or CE credit.

OVERVIEW

The *8th Annual Health Care Transition Research Consortium Symposium* features research presentations in the emerging field of health care transition (HCT). A variety of research topics of interest to researchers, clinicians, policy makers, parents, youth and emerging adults are presented. Topics include testing of HCT models of care and programs, HCT needs and experiences of adolescents, emerging adults and families, as well as provider topics pertaining to pre- and post-transition services and training. Poster sessions on HCT research will enable direct dialogue with researchers and plenary sessions will address interdisciplinary perspectives pertaining to HCT education and curriculum development and the creation, maintenance, and evaluation of HCT programs.

REGISTRATION

Registration is required for all participants. The fee is \$50 for all participants.

Online registration (Research Symposium only): BaylorCME.org/CME/1519R

Agenda

8:00 AM	Registration and Coffee
8:30	Opening Remarks <i>Cecily L. Betz, PhD, RN</i> • Research Symposium Co-Chair Professor of Clinical Pediatrics University of Southern California Keck School of Medicine Los Angeles, California <i>Megumi J. Okumura, MD, MAS</i> • Research Symposium Co-Chair Assistant Professor of Pediatrics and Internal Medicine University of California, San Francisco San Francisco, California <i>Albert C. Hergenroeder, MD</i> Baylor College of Medicine • Texas Children's Hospital
8:45	PLENARY SESSION: International Health Care Transition Research Perspectives <i>Allan Colver, M.D.</i> • Chief Investigator NIHR-Funded Research Programme on Transition of Young People with Long-term Health Conditions Professor of Community Child Health and Strategic Research Advisor, Newcastle University United Kingdom
9:30	PLATFORM SESSION 1: Programs and Service Models Moderator: (TBD) Panel Discussion Question and Answer Session
10:45	Break
10:55	Poster Session 1 • Posters Display – Onstead Auditorium Lobby
12:10 PM	Lunch (on your own)
1:15	PLATFORM SESSION 2: Research and Outcomes Moderator: (TBD) Panel Discussion Question and Answer Session
2:30	PLATFORM SESSION 3: Youth and Family Perspectives and Education Moderator: (TBD) Panel Discussion Question and Answer Session
3:45	Break
3:55	Poster Session 2 • Posters Display – Onstead Auditorium Lobby
5:10	Health Care Transition Research Consortium Business Meeting
6:10	Adjournment

Faculty, topics, and symposium schedule are subject to change.

Transition from Pediatric to Adult-based Care

Agenda

THURSDAY ■ OCTOBER 27, 2016

- 7:00 AM Continental Breakfast and Registration
- 8:00 **Welcome and Announcements**
Albert C. Hergenroeder, M.D.
Proclamation: *David W. Robinson*, Houston City Councilman-at-Large
- Film Presentation**
CosAbility: Cosplaying with disAbilities
Kristen Passmore
- 8:15 **The Current State of Health Care Transition from Pediatric to Adult-based Care**
Megumi J. Okumura, M.D., M.A.S.
- 9:15 **Developing a Transition Program for Patients with Liver Transplantation: Lessons Learned and General Principles**
Rachel A. Annunziato, Ph.D.
- 10:00 Question and Answer Session
- 10:15 Break
- 10:30 **Health Care Transition—An International Perspective**
Allan Colver, M.D.
- 11:15 **Legal Issues in Health Care Transition**
Beth Sufian, J.D.
- Noon Question and Answer Session
- 12:15 PM **Meet the Faculty Lunch Breakout Sessions*** (select one)
Practice Supports for Transitioning | *Laura P. Alter, M.S.*
Adult Provider Perspective | *Carol Greenlee, M.D.*
International Perspective | *Allan Colver, M.D.*
Got Transition | *Margaret A. McManus, M.S.*
Legal Issues | *Beth Sufian, J.D.*
Adherence | *Rachel A. Annunziato, Ph.D.*
- 1:15 **Breakout Session 1 ■ Preparing For and Delivering Transition Services** (select one)
Transition Fun! – Toronto Children’s Hospital’s Good-2-Go Program*
An interactive program to engage youth in discussions about health care transition
Khush Amaria, Ph.D., C.Psych., and Miriam Kaufman, M.D., B.S.N.
Texas Parent to Parent: Housing Overview*
Rosemary Alexander
Meeting the Maternal and Child Health Bureau (MCHB) Transition National Performance Measure – 2 State Title V Directors
(Broadcast at 1:15 PM)
Margaret A. McManus, M.S.
EPIC Users Group: Using Transition Tools in EPIC and other EMRs*
Albert C. Hergenroeder, M.D., Janet Johnson, and Blanca E. Sanchez-Fournier, C.C.R.P.
Care Coordination – Complex Care Staff*
(Broadcast at 2:00 PM)
Heather Burdell, and Carl D. Tapia, M.D., M.P.H.
The Community of Practice for Supporting Families of Individuals with Intellectual and Developmental Disabilities (IDD)
Laura G. Buckner, M. Ed.
- 2:00 **Breakout Session 2** (repeat of sessions from 1:15 pm; select one)
- 2:45 Break
- 3:00 **Building Adult Capacity: The American College of Physicians Initiative to Prioritize Health Care Transition**
Carol Greenlee, M.D.
- 3:45 Question and Answer Session
- 3:50 Evaluation and Closing Comments
- 4:00 Adjourn

* Session not included in broadcast.



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Agenda

FRIDAY ■ OCTOBER 28, 2016

- 7:30 AM Continental Breakfast and Registration
- 8:00 **Welcome and Announcements**
Albert C. Hergenroeder, M.D.
- 8:15 **Motivational Interviewing in Caring for Adolescents and Young Adults with Special Health Care Needs in the Transition**
Beth H. Garland, Ph.D.
- 9:00 Question and Answer Session
- 9:15 **Accepting a Young Adult into an Adult Practice: An Internal Medicine Subspecialist's Perspective**
Carol Greenlee, M.D.
- 10:05 Question and Answer Session
- 10:15 Break
- 10:25 **Family Members' Perspective on Transition**
Ann B. Ligums and Francine Ris
- 11:10 Question and Answer Session
- 11:25 **Dental Care for Youth and Young Adults with Special Health Care Needs**
Kimberly Espinoza, D.D.S.
- 12:10 PM Question and Answer Session
- 12:15 LUNCH
- 1:00 **An Integrated Approach to Health Care Transition**
Sarah O'Kelley, Ph.D.
- 1:45 Break
- 2:00 **Financing Health Care Transition**
Margaret A. McManus, M.S.
- 2:45 **Transitioning to Adulthood: An Adult's Perspective**
Jennifer L. Arnold, M.D.
- 3:45 Question and Answer Session
- 3:50 Evaluation and Closing Comments
- 4:00 Conference Adjournment

Faculty, topics, program schedule, and credit are subject to change. Audio or videotaping is prohibited without written permission from the Activity Director and the Office of CME, Baylor College of Medicine, Houston, Texas.



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and be sure to include #TC2016.

CONFERENCE LOCATION

MD Anderson Cancer Center ■ Mitchell Basic Sciences Research Building

6767 Bertner Avenue | Onstead Auditorium, 3rd Floor

Houston, TX 77030

Parking is available in the McGovern Commons parking garage. Unfortunately we are unable to validate parking. Parking is \$12/day. Onstead Auditorium may be accessed from the McGovern Commons Building through the first floor breezeway.

If you are staying at the Wyndham Houston–Medical Center, a complimentary shuttle is available. Please notify the hotel valet at least 15 minutes in advance for transportation to the Onstead Auditorium.

You may wish to bring a sweater or light jacket as the temperature in the auditorium can vary.



ACCOMMODATIONS

Wyndham Houston–Medical Center

6800 Main Street | Houston, TX 77030

713.577.1230

Accommodations should be arranged directly with the Wyndham Houston–Medical Center by calling 713.528.7744 or 800.996.3426. Please identify yourself with the *Baylor College of Medicine Annual Chronic Illness and Transition Conference* when making reservations in order to benefit from the special group rate of \$149 (plus tax). A limited number of rooms will be available and have been reserved at the special rate on a space available basis. *The deadline to receive the special rate is October 4, 2016, unless the room block has already been filled.*

FOR FURTHER INFORMATION CONTACT

Baylor College of Medicine

Office of CME

One Baylor Plaza, MS: BCM155

Houston, TX 77030

Phone: 713.798.8237

Fax: 713.798.7955

Email: cme@bcm.edu

Visit our website, BaylorCME.org for information regarding upcoming Baylor College of Medicine CME activities.

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Transition from Pediatric to Adult-based Care

October 27 - 28, 2016

TWO WAYS TO REGISTER

ONLINE: **Research Symposium:** BaylorCME.org/1519R
Transition Conference: BaylorCME.org/1519

MAIL: Baylor College of Medicine
 Office of CME (1519)
 P.O. Box 4708
 Houston, TX 77210-4708

(Please print clearly)

Name: _____
First MI Last

Degree: _____ Resident Fellow Med Student

Affiliation: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

Specialty: _____ Prof. License: _____
No./State

Emergency Contact: _____ Phone: _____

National Provider Identifier (NPI): _____

PLEASE NOTE THAT YOU MUST REGISTER FOR EACH CONFERENCE SEPARATELY AT THE CORRESPONDING WEBSITE BELOW.

RESEARCH SYMPOSIUM ■ OCTOBER 26

Register online: BaylorCME.org/CME/1519R

REGISTRATION \$50 (all participants) Yes, I will attend. No, I will not attend.

CONFERENCE ■ OCTOBER 27 - 28

Register online: BaylorCME.org/CME/1519

REGISTRATION FEES (*Fax verification status within 24 hrs. of registration.)

- | | |
|--|--|
| <input type="checkbox"/> Physician \$300 | <input type="checkbox"/> Medical Student* \$25 |
| <input type="checkbox"/> Nurse..... \$200 | <input type="checkbox"/> Fellow* \$25 |
| <input type="checkbox"/> Social Worker \$200 | <input type="checkbox"/> Resident* \$25 |
| <input type="checkbox"/> Other Healthcare Professional \$200 | <input type="checkbox"/> Youth \$100 |
| <input type="checkbox"/> BCM Faculty Member \$150 | <input type="checkbox"/> Family Member..... \$100 |

OCTOBER 27 MEET THE FACULTY LUNCH (please select **one** from below)

- | | | |
|--|--|---------------------------------------|
| <input type="checkbox"/> Practice Supports for Transitioning | <input type="checkbox"/> Got Transition | <input type="checkbox"/> Legal Issues |
| <input type="checkbox"/> Adult Provider Perspective | <input type="checkbox"/> International Perspective | <input type="checkbox"/> Adherence |

OCTOBER 27 BREAKOUT SESSIONS

Please select **ONE** session for 1:15 PM and **ONE** session for 2:00 PM below.

- | 1:15 PM | 2:00 PM | |
|-------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Session 1A | <input type="checkbox"/> Session 2A | Transition Fun! – Toronto Children’s Hospital’s Good-2-Go Program |
| <input type="checkbox"/> Session 1B | <input type="checkbox"/> Session 2B | Texas Parent to Parent: Housing Overview |
| <input type="checkbox"/> Session 1C | <input type="checkbox"/> Session 2C | Meeting the MCHB Transition National Performance Measure |
| <input type="checkbox"/> Session 1D | <input type="checkbox"/> Session 2D | EPIC Users Group: Using Transition Tools in EPIC and Other EMRs |
| <input type="checkbox"/> Session 1E | <input type="checkbox"/> Session 2E | Care Coordination: Complex Care Staff |
| <input type="checkbox"/> Session 1F | <input type="checkbox"/> Session 2F | The Community of Practice for Supporting Families of Individuals with IDD |

METHOD OF PAYMENT (Your registration must be PREPAID)

Check or money order (in U.S. funds) made payable to: *Baylor College of Medicine*

Visa® MasterCard® Discover® Amex® \$ _____ **Total Amount Enclosed**

Card No. _____ Exp. Date: _____

Name on the Card: _____

Authorized Signature: _____

Special Requests: Contact OCME if you have any dietary needs (specify below) or any ADA accommodation needs.

FOR OFFICIAL USE ONLY

CK CC LB Cash

Date: _____

Amount: _____